

TNT Recreation Class Schedule - Spring 2025

Day	Time	Class	Age	Short Description
Monday	5:00pm-5:45pm	Martial Arts Striking	5-12	Basic fundamental techniques from Muay Thai, Taekwondo, Karate and Boxing are prioritized. All classes are focused on learning and applying basic fundamentals in live sparring and self defense scenarios. Situational sparring and drills are prioritized in order to build students confidence and reactions. This is done in a safe and controlled manner. This is not a fight gym and at no point will new students ever be treated as fresh meat for advanced students. All classes have a high tempo with a structured but relaxed learning environment.
	6:00pm-7:00pm	Adult Martial Arts Striking	12 and Up	
Tuesday	5:00pm-5:45pm	Martial Arts Striking	5-12	
	6:00pm-7:00pm	Adult Martial Arts Striking	12 and Up	
Wednesday	5:00pm-5:45pm	Martial Arts Grappling	5-12	Basic fundamental techniques from Wrestling and BJJ are prioritized. All classes are focused on learning and applying basic fundamentals in live sparring(rolling) and self defense scenarios. Situational sparring(rolling) and drills are prioritized in order to build students confidence and reactions. This is done in a safe and controlled manner. This is not a fight gym and at no point will new students ever be treated as fresh meat for advanced students. All classes have a high tempo with a structured but relaxed learning environment.
	6:00pm-7:00pm	Adult Martial Arts Grappling	12 and Up	
Thursday	5:00pm-5:45pm	Martial Arts Grappling	5-12	
	6:00pm-7:00pm	Adult Martial Arts Grappling	12 and Up	

Monthly Tuition

Classes Offered:	Class Length	Monthly	Class Length	Monthly
Child Classes (ages 5-12)	2 Days/ week	\$100.00/month	Unlimited/ week	\$140.00/month
Adult Classes (ages 12+)	2 Days/ week	\$100.00/month	Unlimited/ week	\$140.00/month

Drop in class is \$15.00 per class

New Years Opening Special:

\$120/unlimited plan for the first 6 months if you sign up before March 1st, 2025.

Enrollment Details:

Tuition: ALL Payments are due by check or cash on the 1st of the month. Payments received after the 5th are considered late and subject to a \$25 late fee. All Payments are non-negotiable and non-refundable. We are not able to credit absences of any kind, thank you!

Cancellations: Policy cancellations require a 30 day written notice.

Registration: If you are interested in saving a spot please contact us at info@tntenrichment.com or (916) 259-1139 for more information or to sign up for a free trial!

First class is Free!!